

A Report

FREE MEDICAL HEALTH CHECK-UP CAMP

October 09, 2022, Okhla, New Delhi

New Delhi: IOD Foundation supported by their **CSR Partner National Internet Exchange of India (NIXI)**, organized a Free Medical **Health Check-Up Camp** on **Sunday, October 09, 2022** at Okhla Community Development Center, Basti Vikas Kendra, Opp. C-161, Okhla Phase-1, New Delhi-110020.

It is challenging to get basic healthcare treatments where timely treatment is another issue due to a huge disparity between demand and supply in several parts of healthcare systems, such as doctor-patient ratio, healthcare infrastructure-population ratio, and so on. To address this issue, IOD Foundation and NIXI joined hands to take a step forward to close such gaps at their ends.

The purpose of setting up this camp was to give the underprivileged population in and around Okhla Phase-1 access to free basic medical services that they cannot afford and to assist them in receiving an early diagnosis or treatment for the illness they are facing.



Entrance at the Venue



Registration in Progress

One day before camp, the location was set up, and all essential preparations were made. Before the camp began, the space was sterilized, and all COVID guidelines were followed to ensure safe conduct. The area for the doctors was set up in several rooms according to departments. To assure protection, sanitizers, medical gloves, and masks were offered. The camp got started at **10:00 AM and continued until 3:00 PM** (beyond the originally scheduled closing time of 2:00 PM) to accommodate the last patient.

9 specialized doctors from the different departments of **ENT, General Medicine & Pain, Eye, General Physician, Homeopathy, and Dental** diagnosed the patients and prescribed the necessary medicines. Free medicines were distributed as per the prescription at the medicine counter. **Paramedical staff and volunteers from Lady Hardinge**



ENT Specialist Attending the Patient



Eye Specialist Attending the Patient



Dental Checkup in Progress



Homeopathy Specialist attending the patient



General Physician attending the patient

Medical College joined the doctors to assist in diagnosis and provide further patient guidance. **More than 250 people** (of all age groups) from the nearby communities of *Okhla Phase 1, Okhla Main Camp, Indira Camp, Sanjay Camp, Sanjay Colony, and Tekhand* came for diagnosis and received benefits from this camp despite the significant rainfall.

All patients had their blood pressure, blood sugar levels, and heart rates checked at the camp's entry. With the assistance of the paramedical team, the patients underwent a comprehensive assessment before being directed to the



Eye Checkup in progress



Dental Checkup in progress



Venue



Medical examination in progress



Medical examination in progress



Free Distribution of Medicines at the venue

appropriate department for the necessary checkup. The patients received **refreshments (water bottle, biscuits, and juice)** after the routine checkup.

Even though just a few last-minute plans had to be made to protect the venue from the rain, the venue was well-managed and the event was a success. Regardless of the heavy rain, the crowd size was unexpected, and there were long lineups.



Distribution of Refreshments

Patients continued to enter even after the gates were closed at 2:00 PM. We were glad to share this opportunity with the volunteers from Lady Hardinge Medical College, who seemed to learn a lot. Involving students was intended to foster a feeling of community and make them aware of the real scenario.

Mr. Reji Mathew, Secretary General of IOD Foundation thanked and commended all the doctors, paramedical professionals, and volunteers for making the medical camp a huge success. He also expressed gratitude towards the employees of IOD Foundation for their tireless work in pulling the event off despite the many challenges faced.

We aim to capture more underprivileged areas through such initiatives and provide basic healthcare facilities at best, encouraging more and more organizations to invest in public health in **a country of 1.3 billion people where India spends barely 1.5% of its GDP on healthcare**, which is amongst the lowest in the world.

Complied by:

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Free Medical Checkup for Kids



Volunteers from Lady Hardinge Collge, Delhi



Team of Doctors and other Medical Staff

Organized by

IOD Promoting
Inclusive
Growth
Foundation

Supported & CSR initiative by

nixi
Empowering Netizens

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