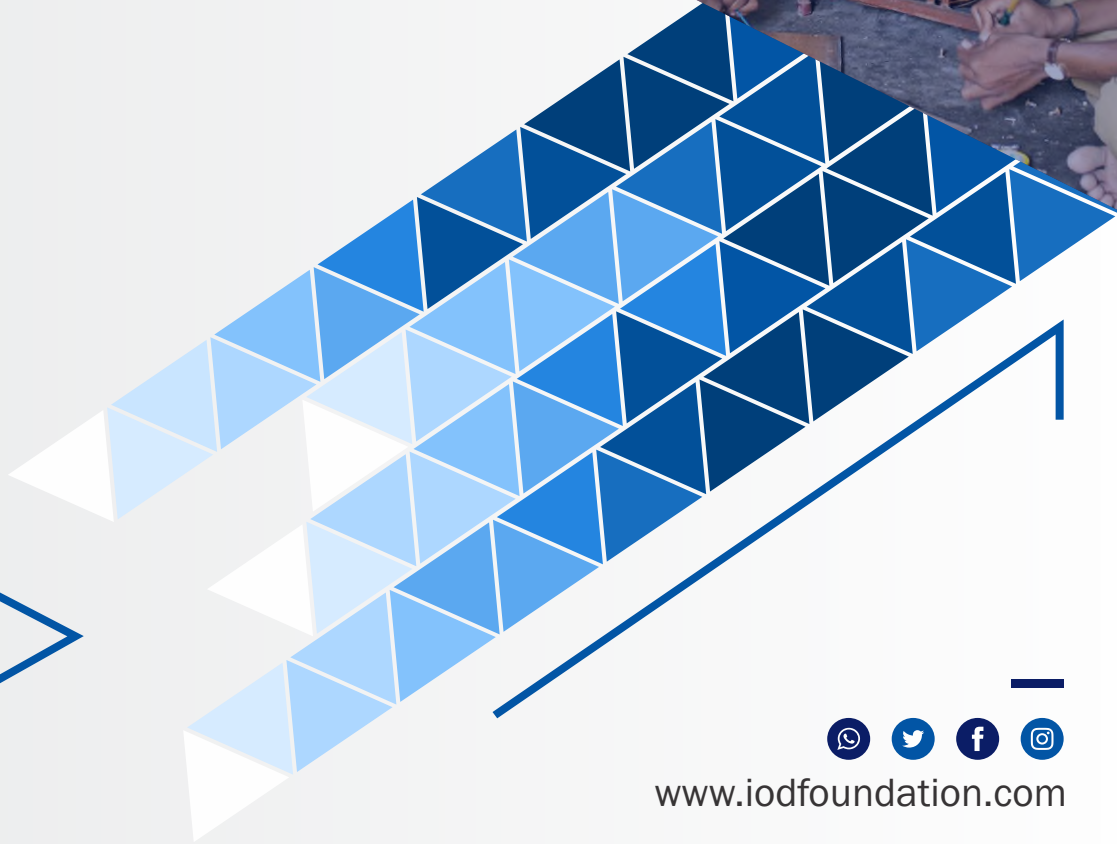


3rd ANNUAL REPORT

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MESSAGE FROM THE President

Dear Members,

IOD Foundation had a significant year of performance serving the differently abled and deprived members of our society. Its activities were planned and executed in an extraordinary style under the able guidance of **Mr. Reji Mathew**, Secretary-General of the IOD Foundation. Identification of needs of our beneficiaries was carried out on scientific basis. Three major areas of Health, Nutrition and Education were selected; and programmes in collaboration with national and international agencies and experts were carried out.

A large number of beneficiaries expressed their satisfaction and appreciation for the services provided by the IOD Foundation. Presentation at **17th International Conference on Corporate Social Responsibility** created awareness in International Community about the services being delivered by the IOD foundation.

IOD Foundation also considered holistic and integrated strategies that embrace both CSR initiatives and overall business activities. The future business growth needs human/centric, resilient, sustainable and socially beneficial impact. Social Responsibility is not exclusive domain of the Government, and passive philanthropy alone no longer constitutes CSR. In the light of the evolving agenda of business growth and CSR, mainstreaming of CSR in business schools is to ensure that the future managers have appropriate social skills to handle sensitivities. IOD Foundation focused that the future directors and boards will have to skill themselves to create social markets for bringing the deprived centre-stage in the business arena.

There is also a need to add scientific social responsibility as mandatory for scientific R&D and teaching institutes, to achieve social goals by bridging the gap between science and society. This can best be done by efficient boards and their smart decisions.

IOD foundation has considered various aspects of promoting support for CSR activities through businesses – both public sector as well as the private sector. To achieve this goal IOD foundation has organised expert consultations in physical mode as well as virtual mode and undertaking activities on the ground.

I congratulate the Secretary-General and his large team of volunteers, for successfully completing a number of projects during the last 3 years, such as 'Health' and 'Nutrition' camps, free medical check-ups, and providing medicines and medical support equipment (like hospital beds and wheel chairs), blood donation and meals for the poor, of nearby needy areas of Delhi & NCR.

'IOD Foundation' has matured and established a set-up for launching a number of larger projects through out the country in the coming years.

I wish '**IOD Foundation**', all the best in it's efforts of social service.

April 01, 2023
New Delhi

Pradeep Chaturvedi
President
IOD Foundation



MESSAGE FROM THE Secretary General

Dear Members,

Being a member of a social organisation instils a sense of responsibility and accountability because many different stakeholders, particularly those at the bottom, are placing their bets on your ability to fulfil their dreams. As the "**Secretary General**" of the IOD Foundation, I am honoured to extend my support and contribute to the betterment of society.

With another financial year coming to an end, we are proud to share the 3rd annual report of the IOD Foundation, summarising our learnings and accomplishments of the fiscal year 2022-2023.

As we reflect on the work done in 2022, we are reminded of the challenges encountered and the solutions we found, and how we strive to adapt more solutions to serve those most in need in better ways. We took a step back last year to concentrate on the two most crucial components: understanding the current issues and forming partnerships to develop new ways to strengthen our community's resilience in light of the constantly emerging global issues. Last year, we concentrated primarily on bringing about behavioural changes by igniting discussions and posing challenging questions about the climate, women's empowerment, health, and food scarcity. Our main goal was to raise awareness through webinars and conclaves about eco-innovation, health issues and healthy habits, superfoods from India, and the catastrophic effects of food loss and waste on people, other species, and the environment in light of the general lack of knowledge among citizens. In addition to conducting general health and eye camps as COVID-19 revitalised our commitment to health, we also responded to specific requests for medical assistance from the financially weaker community.

Refocusing our vision and objectives, the IOD Foundation seeks to accomplish three main objectives this year: healthcare as a human right, food security as a global threat, and skill development as a way forward. Realising how far society is from even meeting its most basic requirements, we want to continue by making access to and affordability of basic preventive healthcare a reality for the most underserved communities while also raising awareness on related fundamental health issues. By increasing awareness of the problem of food scarcity, repurposing leftovers, reducing food loss and waste, etc., we want to concentrate on bringing about a significant shift in how society behaves. With a view to supporting upcoming youth and all unemployed citizens, we look forward to promoting inclusive employment opportunities through our vocational skills and capacity-building training programmes.

And to fulfil such a vision, we need support at a multitude of levels from all sectors: corporations, governments, organisations, ecosystem players, and individuals from all backgrounds. Hence, going forward, we want to put efforts into fostering a culture of collaboration and building a community of like-minded people to amplify the impact not just locally but globally. This is why, despite the difficult times in which we live, we have so much hope for the future of our community. I express my heartfelt gratitude to our present partners and supporters: **National Internet Exchange of India (NIXI), Kranti Sweets, The Akshaya Patra Foundation, Tata Trusts, Eye Foundation America, Goutami Eye Institute, and Nagrik Foundation**, and also the staff and volunteers of IOD Foundation.

We are ready to brace ourselves for the opportunities and challenges that the new year will bring and help those in our vulnerable community rise by offering them endless opportunities to rebuild their lives through actionable initiatives. As the Dalai Lama rightly said, "**It is not enough to be compassionate. You must act.**"

IOD Foundation will strive its best to achieve its vision, mission, and social responsibility.

April 01, 2023
New Delhi

Reji K. Mathew
Secretary General
IOD Foundation

IOD FOUNDATION

GOVERNING COUNCIL

2022 - 2023

PRESIDENT



Mr. Pradeep Chaturvedi

VICE PRESIDENT



Mr. Manoj K. Raut

SECRETARY GENERAL



Mr. Reji K. Mathew

TREASURER



Mr. R. S. Banwala

MEMBERS



Mr. Ashok Kapur
IAS (Retd.)



Lt. Gen. Surinder Nath,
PVSM AVSM (Retd.)



Mr. Sushil Kumar



Mr. Vikesh Nandan
Singh Wallia



Dr. V. K. Agnihotri
IAS (Retd.)



IN THE MEMORY OF

Lt. Gen. J. S. Ahluwalia (Retd.)
Founder & President
IOD Foundation

(President - 25-04-2019 - 06-10-2022)
Death Anniversary on 04-11-2022

ABOUT IOD FOUNDATION

'IOD Foundation' is the social impact wing of the Institute of Directors, registered under the Societies Registration Act. Established in 2019, with the aim to catalyse nation-building, by extending opportunities in healthcare, food security, and skilling, thus accelerating the quality life of underprivileged sections of the society and development of the nation.

We hope to enhance health of every Indian citizen, thereby improving life and living standards and contributing to national growth. We hope to promote inclusive growth and development, along with national growth. We aim to conduct a mass healthcare movement through establishing camps regularly especially in the backward community.



PHILOSOPHY

What we need is collective action to shape the future, and thus our approach is to make everyone part of this journey and make it a shared one.

We rely on innovative, cooperative team players with diverse experience and a global perspective to define the future. We encourage people by offering them the platform to change the world and encouraging their own development. We think that in order for solutions to flourish, it is important to foster an environment where participation is valued. As a result, we urge the community to engage in meaningful activity that can have an impact on the world. We provide opportunities for employees to grow through new experiences, including access to culture, events, and meeting directors.

By addressing the most urgent needs in the world, IOD Foundation seeks to give back to the places where we live and work. To do this, the organisation uses its resources to establish a community of self-driven, visionary employees and to ignite others' passion for making a difference.

MISSION & VISION

MISSION

Our mission is to provide basic healthcare experience to each and every citizen of the India and thus remove the barrier of ill-health in achieving their dreams and aspirations via skilling them according to the need of hour.

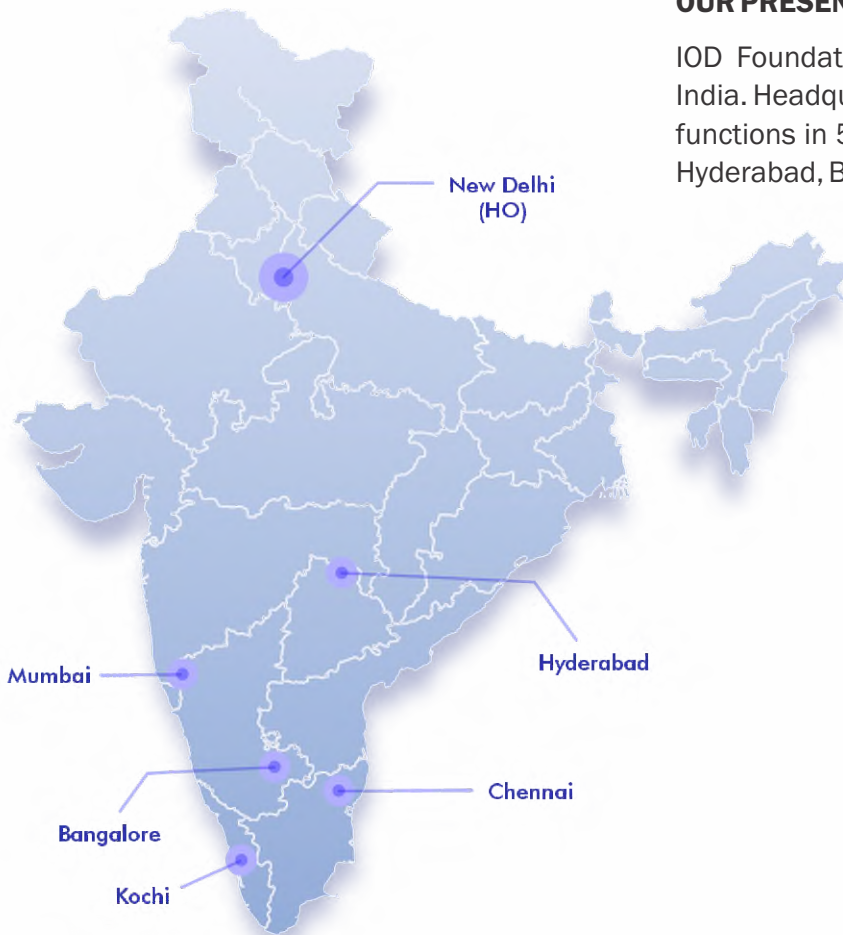
VISION

To support flourishing Indian economy and society, where each Indian citizen lives a life of dignity.



OUR PRESENCE

IOD Foundation's footprint is established across India. Headquartered in New Delhi, IOD Foundation functions in 5 more locations catering to Mumbai, Hyderabad, Bangalore, Chennai, and Kochi.



KEY FOCUS AREAS

HEALTHCARE AS A HUMAN RIGHT • SKILL DEVELOPMENT AS A WAY FORWARD
FOOD SECURITY AS A GLOBAL THREAT

Our goal is to concentrate on the holistic personal development of each person, leading to national growth while also attending to the most urgent requirements of the world. And we accomplish this by offering workable solutions in the areas of healthcare, skill development, and food security.

OUR APPROACH TO SOLVE THESE PROBLEMS IS BY DOING



FOOD SECURITY AS A GLOBAL THREAT

With the ongoing concern of climate change and rising intensity of extreme weather fluctuations, food security has come to an alarming risk making it not just a national but a global threat. Despite this, a significant amount of food—17 percent of the world's total food production—still goes to waste. IOD Foundation hopes to solve the problem by donating this food to those in need and achieving its goal of a world without hunger. We also want to concentrate on developing solutions that not only result in a world free of hunger but also a one populated by nourished people. Therefore, we provide for undernourished children and women by setting up food drives and essential meal plans. We are addressing the immediate requirements, but sustained efforts will have a long-term effect.



HEALTHCARE AS A HUMAN RIGHT



Working with the ideology, 'the right to health should be at the centre of any flourishing and progressive nation for every individual to be able to perform at its best.' No matter how difficult their financial situation, we want to ensure that everyone has access to at least basic preventive healthcare.

Working on the major barriers, the IOD Foundation works towards them by making basic healthcare services accessible to all through medical health camps, providing medical equipment in remote locations, arranging awareness workshops on menstruation health, healthy behaviours, etc. We are prioritising combating inequalities, discrimination, and financial barriers in fulfilling SDG 3 of good health and wellbeing.

SKILL DEVELOPMENT AS A WAY FORWARD

Developing the skills of the citizens and investing in a quality workforce (addressing a major bottleneck) can impact a nation's economy dramatically. IOD Foundation wants to follow in the footsteps of the Institute of Directors, which was established with the mission of developing leaders for tomorrow by giving opportunities to the most underprivileged groups so they can reimagine their lives and ensure a higher standard of living for themselves and their families. Our intervention to achieve SDG 4 of quality education includes setting up vocational trainings, trainings to build capacity, and a focus on making education accessible to the most disadvantaged.



MINUTES OF AGM HELD 2022 - 2023



(Registration No.S-E/1599/Distt.South East/2019)

Minutes of the 03rd Annual General Body meeting (Virtual Meeting Through Zoom App) of IOD Foundation held on April 22, 2022 at 1600 hours.

01. The AGM was chaired (Online) by Lt.Gen. J S Ahluwalia (retd), President- IOD Foundation and was attended by the 9 following members:-

01 Mr.Pradeep Chaturvedi	-	Vice President
02 Mr Reji K Mathew	-	Secretary General
03 Mr.R.S.Banwala	-	Treasurer
04 Mr Ashok Kapur	-	Member
05 Dr V.K.Agnihotri	-	Member
06 Mr Manoj K Raut	-	Member
07 Mr Sushil Kumar	-	Member
08 Mr.Vikesh Walia	-	Member
09 Lt.Gen.Surinder Nath(retd)	-	Member

Quorum required: 06

2. Agenda.

- Confirmation of the minutes of 02nd AGM held on 09/08/2021.
- Presentation of the Audited Accounts Statement (Income & Expenditure) of IOD Foundation for the financial year 2021-2022.
- Presentation of the IOD Foundation Annual Report (2021-2022)
- Appointment of financial Auditors for the financial year (2022-2023)
- Presentation of the financial Budget for the financial year (2022-2023)
- To elect the Members of the Governing Council of IOD Foundation for the period from 25th April 2022 to 24th April 2025
- To admit/accept new membership applications of IOD Foundation



MINUTES OF AGM HELD 2022 - 2023

h) Any other points, with the permission of the chair.

3 .Point no. 1 of the Agenda.

Confirmation of the minutes of 02nd AGM held on 09/08/2021.

Minutes of the 02nd AGM held on 09/08/2021 had been circulated to all members in advance.. As, there were no comments in the meeting, the minutes were approved.

4 .Point no. 2 of the Agenda.

Presentation of the Audited Accounts Statement (Income & Expenditure) of IOD Foundation for the financial year 2021-2022.

Audited Accounts Statement (Income & Expenditure) of the IOD Foundation for the financial year 2021-2022 along with the independent auditors report had been circulated to all members in advance

Secretary General briefed the members about the Income & Expenditure in details. Income was **Rs.18.94 Lakhs** compared to **Rs.1.46 Lakhs** of the financial year 2020-2021 and the expenditure was **Rs.17.39 Lakhs** compared to **Rs.1.46 Lakhs** of the financial year 2020-2021 and the Surplus of **Rs 1.54 Lakhs** was noted.

The Audited Accounts Statement (Income & Expenditure) of IOD Foundation for the financial year 2021-2022 was approved.

5 .Point no.3 of the Agenda.

Presentation of the IOD Foundation Annual Report (2021-2022)

Secretary General briefed all members about the activities and project undertaken by the IOD Foundation. Soft copy of the 02nd Annual Report for the financial year 2021-2022 had been circulated to all members in advance. All members appreciated the efforts being made, especially during the pandemic time to serve the maximum underprivileged people with the limited available funds and resources, led by the Secretary General and his team of volunteers on various activities.

The 02nd Annual Report for the financial year 2021-2022 approved after a detailed discussion.

6.Point no.4 of the Agenda.

Appointment of financial Auditors for the financial year (2022-2023)



MINUTES OF AGM HELD 2022 - 2023

Treasurer proposed **M/S Apra & Associates LLP** to continue as external financial auditors of IOD Foundation for the financial year 2022-2023, it was approved unanimously.

7.Point no.5 of the Agenda.

Presentation of the financial Budget for the financial year (2022-2023)

Proposed financial budget for the financial year 2022-2023 had been circulated to all members in advance. President explained in detail about the allocation of the budget expected to be **Rs. 54.03 Lakhs in Income & Rs. 52.03 Lakhs in Expenditure** with expected **surplus of Rs.1.99 Lakhs** was noted.

The Proposed financial Budget for the financial year 2022-2023 was approved

8.Point no.6 of the Agenda.

To Elect the Members of the Governing Council of IOD Foundation for the period from 25th April 2022 to 24th April | 2025

The President welcomed all members present at the AGM 2022, and briefed about the achievements and activities of IOD Foundation under the existing Governing Council for the last 3 years. All members present appreciated the efforts done by the current team.

The President requested members to nominate names for the Governing Council. The following 10 members were unanimously elected as the **" Governing Council Members"** of the **IOD Foundation** for the next term of 3 years (i.e. **April 25,2022 to April 24,2025**)

<u>S.No.</u>	<u>Name</u>
1	Lt.Gen.J.S.Ahluwalia(retd)
2	Lt.Gen.Surinder Nath (retd)
3	Mr .Manoj K Raut
4	Mr. Reji K Mathew
5	Mr. Pradeep Chaturvedi
6	Mr. Ashok Kapur,IAS (Retd)
7	Dr V.K.Agnihotri (Retd)
8	Mr.Vikesh Walia
9	Mr.R.S.Banwala
10	Mr Sushil Kumar



MINUTES OF AGM HELD 2022 - 2023

9. Point no 7 of the Agenda.

To admit/accept new membership applications of IOD Foundation

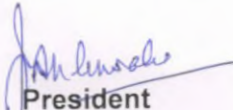
It was decided to expand the strength of IOD Foundation Membership from the existing 11 members to 15 members. The following 3 members from the GC were nominated to form a **Membership Committee** to select/admit/accept the new members into IOD Foundation as per the membership criteria laid down in the MOA of IODF under R&R(2).

- | | | | |
|----|------------------------|---|----------|
| a) | Mr. Pradeep Chaturvedi | - | Chairman |
| b) | Mr. Reji K Mathew | - | Member |
| c) | Mr. Sushil Kumar | - | Member |

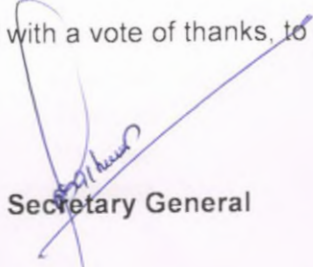
10. Point no.8 of the Agenda.

Any other points, with the permission of the chair.

As, no other points were raised, the meeting was closed with a vote of thanks, to the chair.


President

(Approved)


Secretary General

Place: New Delhi

Date: April 22, 2022



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...the twenty-second of these is the fact that the ...

FINANCIAL AUDITOR'S REPORT

the fact that the *in vitro* and *in vivo* studies have not been performed with the same strain of *S. aureus*.

It is interesting to note that the *in vitro* study with the 10 strains of *S. aureus* showed that the *in vitro* activity of the antibiotic was similar to that of the antibiotic alone. This is in contrast to the *in vivo* study with the 10 strains of *S. aureus* which showed that the *in vivo* activity of the antibiotic was significantly higher than that of the antibiotic alone.

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A P R A & LLP
ASSOCIATES LLP
CHARTERED ACCOUNTANTS

INDEPENDENT AUDITOR'S REPORT

To the Members of IOD Foundation

(A Society Registered under the Society Registration Act 1860)

Report on the Audit of the Financial Statements

We have audited the accompanying financial statements of **IOD Foundation**, a Society registered under Societies Registration Act ,1860 which comprises the Balance Sheet as at 31st March, 2023, and its income & expenditure account for the year then ended, and notes to the financial statements.

Responsibilities of Management and Those Charged with Governance for the Standalone Financial Statements

The Society's Board of Member is responsible with respect to preparation of these financial statements that give a true and fair view of the financial position, financial performance of the Society in accordance with Society Registration Act, 1860 (the "Act"). This responsibility also includes maintenance of adequate accounting records in accordance with accounting principles generally accepted in India, for safeguarding the assets of the Society and for preventing frauds and other irregularities; selection and application of appropriate accounting policies; making judgments and estimates that are reasonable and prudent and design, implementation and maintenance of adequate internal controls, that were operating effectively for ensuring the accuracy and completeness of accounting records, relevant to the preparation and presentation of financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility for the Audit of the Financial Statements

Our Responsibility is to express an opinion on these Financial statements based on our audit.

We conducted our audit in accordance with the Standards on Auditing issued by the institute of chartered Accountants of India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about the whether the financial statements are free from material misstatements.

An Audit involves performing procedures to obtain audit evidence about the amounts and the disclosures in the financial statements. The procedures selected depend on the auditor's judgement , including the assessment of the risks of material misstatement of the financial statements , whether due to fraud or error. In making those risk assessments , the auditor considers internal financial control relevant to the Societies preparation and fair presentation of financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of the accounting policies used and the reasonableness of the accounting estimates made by the management , as well as evaluating the overall presentation of the financial statements.



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Phone : 0124 - 4477824 - 25 Mobile : 9810103611, 9871001555
E-mail : atul.gupta@aprafirm.com, anmol.gupta@aprafirm.com, caarun@rediffmail.com
Website : www.servicetax.net, www.aprafirm.com, www.gstgst.in

● DELHI ● HARYANA ● HIMACHAL PRADESH

FINANCIAL AUDITOR'S REPORT FOR THE YEAR 2022 - 2023

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion on the financial statements.

Opinion

In our opinion and to the best of our information and according to the explanations given to us, the aforesaid financial statements give the give a true and fair view in conformity with the accounting principles generally accepted in India.

- (i) The Balance sheet, read with notes thereon is a full and fair balance sheet containing all the necessary particulars, is properly drawn up so as to exhibit a true and fair view of state of affairs of the Society as on 31st March, 2023 in conformity with accounting principles generally accepted in India, for the year covered by the account.
- (ii) The Income and expenditure Account, read with the notes thereon shows a true picture of the excess of Expenditure over Income, in conformity with accounting principles generally accepted in India, for the year covered by the account.
- (iii) In our opinion , the aforesaid financial statements comply with accounting standards to the extent applicable to the society and
- (iv) In our opinion , the society has utilized the proceeds of the funds received only for the purposes for which it was received .

Report on other Legal and Regulatory Requirements

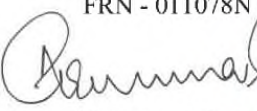
With Respect to other matters to be included in the Auditor's Report , in our opinion and to the best of our information and according to the explanations given to us:

- (i) There are no pending litigations which would impact the financial position of the Society.
- (ii) The transactions of the Society , which have come to our notice , have been within the power of the Society.

Place: New Delhi
Date: 06-09-2023.
Udin: 2308965786WFTH4321

For A P R A & Associates LLP
Chartered Accountants

FRN - 011078N / N500064


(CA. Arun Kumar Gupta)
Partner

M.No.089657

AUDITED ACCOUNTS STATEMENT 2022-2023

IOD FOUNDATION			
BALANCE SHEET AS ON 31st MARCH, 2023			
PARTICULARS	SCHEDULE NO.	AS ON 31.03.2023	AS ON 31.03.2022
<u>SOURCES OF FUND</u>			
Capital Fund			
Reserve & surplus	A	3,06,842	1,23,045
TOTAL		3,06,842	1,23,045
<u>APPLICATION OF FUND</u>			
Current Assets, Loans and Advances (1)	B	3,19,212	1,70,953
Less :Current Liabilities & Provisions (2)	C	27,750	47,908
Net Current Assets, Loans & Advances (1-2)		2,91,462	1,23,045
TOTAL		2,91,462	1,23,045
AUDITOR'S REPORT			
As per our report of even date			
For A P R A & Associates LLP Chartered Accountants FRN: 011078N / N500064		FOR IOD FOUNDATION	
Sd/ (CA Arun Kumar Gupta) Partner M. No. 089657	Sd/ President	Sd/ Secy. General	Sd/ Treasurer
Place: New Delhi Date : 06.09.2023			

AUDITED ACCOUNTS STATEMENT 2022-2023

IOD FOUNDATION			
INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED AS ON 31st MARCH, 2023			
PARTICULARS	SCHEDULE NO.	FOR THE YEAR ENDED AS ON 31.03.2023	FOR THE YEAR ENDED AS ON 31.03.2022
<u>INCOME</u>			
CSR Fund for Healthcare Project		2,64,136	14,40,000
CSR Fund for Environment Project		9,50,000	
Donation Income	D	3,76,951	4,54,020
Interest on FDR		3,941	
Miscellaneous W/o		8,946	
Membership Fees		16,000	750
Total (A)		16,19,974	18,94,770
<u>EXPENDITURE</u>			
CSR Projects & Other Social			
Activites Expenses	E	9,63,442	15,20,276
Administrative and Operational Expenses	F	3,49,690	2,19,654
Total (B)		13,13,132	17,39,930
Excess/(Short) of Income over Expenditure (A-B)		3,06,842	1,54,840
Less: Provision For Tax		-	-
Transfer to Capital Fund		3,06,842	1,54,840
AUDITOR'S REPORT			
As per our separate report of even date attached.			
For A P R A & Associates LLP		FOR IOD FOUNDATION	
Chartered Accountants			
FRN: 011078N / N500064			
Sd/	Sd/	Sd/	Sd/
(CA Arun Kumar Gupta)	President	Secy. General	Treasurer
Partner			
M. No. 089657			
Place: New Delhi			
Date : 06.09.2023			

AUDITED ACCOUNTS STATEMENT 2022-2023

IOD FOUNDATION		
SCHEDULES FORMING PART OF BALANCE SHEET		
<u>SCHEDULE A : RESERVE & SURPLUS</u>		
PARTICULARS	AS ON 31.03.2023	AS ON 31.03.2022
Opening Balance	1,23,045	(31,795)
Add: Excess of Income over Expenses	3,06,842	1,54,840
	4,29,887	1,23,045
<u>SCHEDULE B : CURRENT ASSETS, LOANS AND ADVANCES</u>		
PARTICULARS	AS ON 31.03.2023	AS ON 31.03.2022
Cash in Hand	7,393	5,185
Deposits (FDR Union Bank)	2,03,941	-
Union Bank of India	3,19,212	1,65,768
	5,30,546	1,70,953
<u>SCHEDULE C : CURRENT LIABILITIES & PROVISIONS</u>		
PARTICULARS	AS ON 31.03.2023	AS ON 31.03.2022
Expenses Payable	-	31,880
Sundry creditors	54,249	-
Audit fees payable	15,700	13,068
Salary payable	27,750	-
TDS Payable	2,960	2,960
	1,00,659	47,908

AUDITED ACCOUNTS STATEMENT 2022-2023

IOD FOUNDATION		
SCHEDULES FORMING PART OF INCOME & EXPENDITURE ACCOUNT		
<u>SCHEDULE D : DONATION INCOME</u>		
PARTICULARS	FOR THE YEAR ENDED AS ON 31.03.2023	FOR THE YEAR ENDED AS ON 31.03.2022
Donation Income	3,76,951	4,54,020
	3,76,951	4,54,020
<u>SCHEDULE E : CSR PROJECT & OTHER SOCIAL ACTIVITES EXPENSES</u>		
PARTICULARS	FOR THE YEAR ENDED AS ON 31.03.2023	FOR THE YEAR ENDED AS ON 31.03.2022
Environment project expense	7,03,422	-
Social Welfare Expense for under Privileged People	38,905	-
Social and cultural expense	4,500	-
Food Distribution Expenses	-	34,376
Healthcare Support Program (Old home age)	-	14,375
Medical Aid expenses	-	10,000
Medical Camp Expenses	2,16,615	4,61,975
Medical Health Care Equipments	-	9,99,550
	9,63,442	15,20,276
<u>SCHEDULE F : ADMINISTRATIVE AND OPERATIONAL EXPENSES</u>		
PARTICULARS	FOR THE YEAR ENDED AS ON 31.03.2023	FOR THE YEAR ENDED AS ON 31.03.2022
Audit Fees	15,700	14,278
Salary & Incentive Expenses	3,06,590	1,29,147
Conveyance Expenses	2,163	28,562
Legal and professional Fees	-	20,650
Printing & Stationary Expenses	-	200
Telephone Expenses	9,470	8,806
Office Expenses	2,249	1,691
Promotional Expenses	-	4,816
Transportation charges	12,804	9,600
Bank Charges	714	1,904
	3,49,690	2,19,654

FINANCIAL BUDGET 2023-2024

IOD Foundation

Financial Budget planned for the financial year 2023-2024

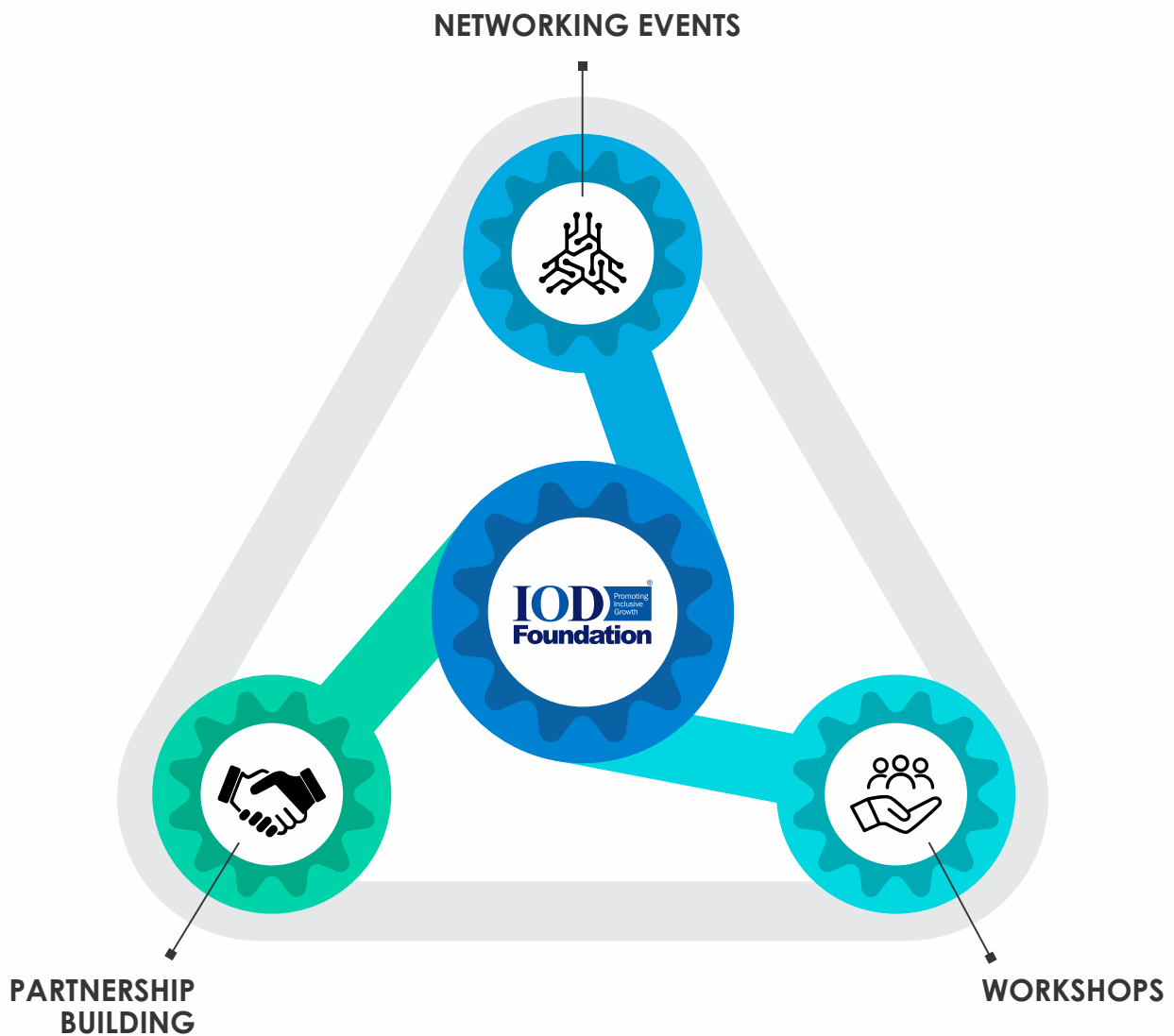
Income

<u>Account Head</u>	<u>2022-2023</u> <u>Budgeted</u>	<u>2022-2023</u> <u>Achieved</u>	<u>2023-2024</u> <u>Budget</u>
Donations	400,000	376,951	400000
Membership Fees	3,000	16,000	0
CSR Project Income	5,000,000	1,214,136	2500000
Other Income		12,887	10000
Total	5,403,000	1,619,974	2,910,000
<u>Expenditure</u>			
<u>Account Head</u>	<u>2022-2023</u> <u>Budgeted</u>	<u>2022-2023</u> <u>Achieved</u>	<u>2023-2024</u> <u>Budget</u>
Educational Support Program	50,000		50000
Social welfare Program	75,000	43,405	75000
CSR Project Expenses	4,500,000	920,037	2250000
Audit Fee	15,705	15,700	15700
Conveyance Expenses	30,000	2,163	10000
Legal & Professional Expenses	20,000	-	
Bank Charges	2,500	714	1000
Printing & Stationary Expenses	10,000	-	10000
Telephone Expenses	10,000	9,470	10000
Salary Expenses	480,000	306,590	350000
Office General Expenses	5,000	2,249	5000
Promotional Expenses	5,000		5000
Transport Charges		12,804	0
Total	5,203,205	1,313,132	2,781,700
Income Over Expenditure	199,795	306,842	128,300
Place : New Delhi	Sd/-	Sd/-	
Date : 01/04/2023	President	Treasurer	



ACTIVITIES CONDUCTED IN 2022-2023

To develop new ways to strengthen our approach, community's core strength, we focused on understanding the latest trends and best practices in Indian philanthropy, insights on diverse sectors, and participatory approaches through attending a number of networking events related to CSR and Sustainable Growth of the Industry.



“WORLD FREE FROM CHILDHOOD BLINDNESS”

New Delhi

MAY 11, 2022

New Delhi: IOD Foundation in association with **Eye Foundation America (EFA), USA, Goutami Eye Institute & Nagrik Foundation** organized a Free Eye Camp for children, led by **Dr. V. K. Raju**, President, Eye Foundation of America at the **SDMC Primary School, R. K. Puram, New Delhi** on **May 11, 2022**. More than 500 children from the school and the surrounding area of R. K. Puram had benefitted through this Free Eye Camp. Free packed lunch and mineral water was also provided to all children. This was supported by **The Akshya Patra Foundation**.

Distinguished guests were present in person and provided voluntary services towards the success of the camp. At the function, **Dr. Govardhan** from Goutami Eye Institute delivered the Welcome & Opening Remarks. **Mr. Deepak Dwivedi**, Chairman, Blitz India Media, **Mr. Pradeep Chaturvedi**, Vice President, IOD Foundation, **Dr. V. K. Raju**, President, EFA & Goutami Eye Institute, **Ms. Sangeeta Sayal**, President, Rotary GGN Passion & **Dr. Srinivas Reddy** from Gangaram Hospital delivered Special Remarks. Vote of Thanks was delivered by **Rtn. Sandeep Saxena** from Nagrik Foundation.



Distinguished Guest at the function



Eye Specialist diagnosing the children



Dr. V. K. Raju, President, Eye Foundation of America attending child patients.



Lunch Session

In Association with



Supported by



AZADI KA AMRIT MAHOTSAV 75 YEARS OF SWEET INDEPENDENCE

August 15, 2022



fun game of dumb-charades, enacting the movies that depicted the emotions of patriotism, the sacrifice, the culture, the people, and the strength of India as one with its people. Being connected to the roots defines you, and being aware of the history fosters a sense of shared community. To encourage this, we played a fun rapid fire quiz round, asking questions about how we got the Indian Independence. The event was made memorable by everyone's sporting spirit.

IOD Foundation extended the celebration by being a part of a *flag-raising ceremony with the young children and their parents in Green Fields Colony, Faridabad,*



15th August, a proud day for every Indian citizen where we all honour the shared feeling of love and respect for those who sacrificed for our country's freedom to see this very day, where everyone can be seen as united, respected, welcomed and free to exercise their own individual beliefs as well. **The journey of 75 years has only been forward-looking, towards a nation that believes in the vision of progressive citizens, taking everyone forward, together!**

We are all striving towards independence in different ways, but we will never forget how far we have come and feel fortunate to live in a developed country where needs are recognised and met, actions are taken, and obligations are honored.

IOD Foundation marked the occasion by celebrating with the staff at the office. The event commenced with the *distribution of our Indian Flag*, a step taken in accordance with the **"Har Ghar Tiranga" Campaign** led by the Government of India to encourage every Indian to host the flag at home and ignite the sentiment of patriotism. The event continued with a



*Carry your dreams in your eyes, feel alive,
And fly like the free waves of the wind
With no bounds in sight.
Feel this freedom with open arms;
for many people have battled so that
you can feel such warmth.
Consider each moment a fresh start
and embrace life..”*



Haryana, in honour of the country's 75th anniversary. You feel happy and joyous as you watch the nation's symbol, the tri-color flag, and rise before your eyes. The event continued with cultural activities in which young kids from various Faridabad neighbourhoods enthusiastically took part and performed on stage while *reciting Desh Bhakti songs, engaging in various dance routines, reminiscing famous dialogues etc.* Such events foster a sense of community, build community trust, and demonstrate the strength for a better country.

Following that, all of the attendees received refreshments and lunch, and the event came to a conclusion, leaving everyone with lovely memories and a peaceful feeling in their hearts. **IOD Foundation** was thrilled to collaborate with a number of organisations in implementing such **National Flagship Programme initiatives.**

We are appreciative of all the freedom warriors and the support people gave them that made today possible. ■

SPECIAL PROGRAMME ON

INTERNATIONAL DAY OF AWARENESS OF FOOD LOSS AND WASTE

Theme:

Building Resilient, Inclusive, and Sustainable
Food Systems – From Production to
Consumption

Thursday, September 29, 2022

The **IOD Foundation, India** organized its first panel discussion webinar on September 29, 2022, commemorating 'International Day of Awareness of Food Loss and Waste' in association with **Blitz India** as a Media Partner and **SDG Choupal** as a Sustainability Partner. The theme of the session was '**Building Resilient, Inclusive, and Sustainable Food Systems – From Production to Consumption.**' In the year 2020, the United Nation General Assembly designated September 29 as the International Day of Awareness of food loss and waste, with the intention of raising "awareness of the importance of the problem and its possible solutions at all levels, and to promote global efforts and collective action towards meeting goals of **SDG 12-Responsible Consumption and Production.**" The webinar was attended by 80+ participants, including corporate citizens, food waste champions, agriculturalists, food scientists, industry experts, academicians, and university students, amongst many others, to listen to the latest developments and discuss strategies to build resilient, inclusive, and sustainable food systems.

The '**Welcome Address**' was delivered by **Mr. Pradeep Chaturvedi**, Vice President, IOD Foundation. He graciously welcomed all the distinguished speakers, event partners, and the participants. He introduced the theme of the webinar and referred to the FAO's strategic approach of working with a greater number of smaller organizations than just a few large organizations to tackle the problem better and increase the impact area. He mentioned how food wastage is affecting our climate and the urgency to make the food system processes climate resilient and said to overcome the situation we would be required to keep a human-centric development approach with diversity involved, leading to inclusive growth.

This was followed by the '**Special Address**' delivered by:

- 1. Mr. Bharatarshabha Dasa**
National President and Trustee
The Akshaya Patra Foundation
- 2. Dr. Sujeet Ranjan**
Associate Director
Tata Trusts
- 3. Dr. Nilesh Lele**
Founder and Managing Director
Exelon Foodbio Advisors Pvt. Ltd.
- 4. Dr. Smriti Pahwa**
Senior Consultant
Public Health Nutrition

Mr. Dasa discussed the role played by the Akshaya Patra Foundation in reducing hunger and malnutrition, as well as how the organization feeds over 2 million children daily in 65 places across India as part of its midday meal programme. He elaborated on the topic of the debate by providing important food statistics that detailed how much food is wasted and where it comes from in both commercial and residential settings. He said that hunger is a silent killer because, unlike other accidents or fatalities, many people die from it without receiving media attention, which leads to a lack of awareness. He described the agonizing discomfort we can experience if we skip two meals a day in order to help the audience acknowledge the annoyance of hunger. He described the agonizing discomfort we can experience if we skip two meals a day in order to help the audience acknowledge the annoyance of hunger. Later, he emphasized that there are two realistic ways to combat food waste: by engaging in individual practice and by developing new programmes that make efficient use of



Mr. Pradeep Chaturvedi
Vice President
IOD Foundation



Mr. Bharatarshabha Dasa
National President and Trustee
The Akshaya Patra Foundation



Dr. Sujeet Ranjan
Associate Director
Tata Trusts

mass grain production. He concluded by highlighting their organization's solution for the problem, saying, "Akshaya Patra has a proper system to track data from the schools at which they feed to ensure no food is wasted by producing the necessary number of meals, and in case the food still gets left over, the organization uses it to generate biogas or feed it to cattle."

Mr. Ranjan made an opening remark by addressing how Tata Trusts is acting as a catalyst in fighting against malnutrition rather than just a merit donor. He cited ancient Indian wisdom when he said that '*food is Madhur dharma (nectar) and that to waste it is paap karma (sin).*' In his opinion, zero hunger and good nutrition have the power to empower people to move towards a healthy life. According to the National Family Health Survey Report, which he indicated, "89 percent of children between the age groups of six months and two years don't get an adequate diet," there is a significant nutritional gap in children. He addressed the matter by recalling his first job in the food sector with USAID, where he discovered the benefit of adding responsibility at the individual, community, and system levels. He emphasized how Tata Trusts is becoming a contributor to the solution through interventions like midday meals, take-home rations, training farmers with proper harvesting, transportation, and supply chain techniques, and supplementary nutrition programmes for lactating mothers and children (6 months–6 years). As a part of the solution, he emphasized the importance of learning food loss mitigation techniques from international procedures (France, Norway, and Denmark) and including innovative technology. He concluded by saying, "Development is only possible if people are engaged in a way that they are empowered to understand the importance of taking action at the individual level and not just relying on the policy and procedures."

Dr. Lele spoke on the impetus for this specific conversation, which questioned the obligation to feed the growing population and the GHG emissions caused by food waste. He raised the second point by asking, "Where are the problems?" and "What might be the potential solutions at all stages, from post-harvest to transportation to packaging to consumption?" He underlined the solution, saying that it was best to identify problems at multiple levels and have small, decentralized solutions at each level (mentioning potential strategies) rather than focusing on a single action at a single level to stop losses, which is a good strategy to tackle the situation. He drew insights and examples from already existing small-scale and easy-to-implement solutions under ICAR, ICAR Labs, etc. He addressed the third major issue, the imbalance between supply and demand, and he made a bold suggestion for creating a national agricultural strategy to determine how much grain the nation needs on a state-by-state and month-by-month basis and then allocate the growing patterns accordingly. He emphasized the importance of developing policies that allow for the mapping of supply and demand in his final remarks.

As part of her opening remarks, Dr. Pahwa engaged the audience in a fun exercise. She used an activity to illustrate how our brains are trained to focus on one occurrence while other things are going on in the background in the same scene, connecting it to the fact that food problems are numerous, widespread, and of various types. She emphasized the concept of 'missed opportunities cognition mindset' and urged the audience to concentrate on the influence they could have had on how they dealt with food, food losses, and food waste, whether they were in a school, NGO, office, corporate, or essentially any setting. She inspired everyone to take the required steps in their own communities



Dr. Nilesh Lele
Founder and Managing Director
Exelon Foodbio Advisors Pvt. Ltd.



Dr. Smriti Pahwa
Senior Consultant
Public Health Nutrition



Mr. Reji Mathew
Secretary General
IOD Foundation

and at their own levels, minimizing the loss, at least in terms of consumption. She emphasized the importance of recognizing the lack of knowledge on how to take effective action, focusing on what interventions work, where they work, and how to find the necessary hotspots to take workable actions. She suggested that companies with a significant presence can develop distinctive platforms, interfaces, and resources to integrate food waste with the E and S of ESG. She concluded her remarks by keeping focus on missed opportunities, cumulative gains from small efforts, and companies to introduce the agenda for the people to see linkages at higher levels.

This was followed by the panel discussion.

Key takeaways from the questionnaire:

1. **Mr. Dasa** emphasised, 'Greed shouldn't override you and lead to a hoarding tendency at the individual level, and the community as a whole should imbibe this value to curb wastage and losses.' (Greed is not justified; need is!)
2. **Mr. Ranjan** concentrated on the need to use technology and data culture to enhance the supply chain and reduce losses with regard to the production and retail sectors. He made a point of outlining how Tata Trusts collaborates with local and state agencies, as well as farmers, to build capacity and support technology. He went on to discuss the significance of bringing about multi-sectoral behavioural change and raising awareness among service providers and the general public. Dr. Pahwa added to this by saying that we shouldn't underestimate the effectiveness of encouraging and advocating small, realistic steps and making practises like food audits ingrained in society.

3. **Dr. Lele** brought up the concept of "**food literacy**" which should encompass all facets of food as well as the struggles or procedures that farmers actually go through to produce the food that we consume. He highlighted a specific rule he picked up as a kid: only put on your plate as much food as you can actually consume, and he stressed that it should be ingrained in everyone as far as behavior change is concerned. Gandhi once said, 'There is enough for everyone's need, but there is not enough for everyone's greed.' He cited this as the reason why farmers did not receive a fair price or why consumers were forced to pay outrageous prices.
4. **Dr. Pahwa** concentrated on the need for consuming locally grown seasonal fruits and vegetables to preserve environmental harmony, promote excellent health, and provide items at a reasonable price. She went on to stress the significance of creating a sustainable food ecology.

Mr. Reji Mathew, Secretary General of IOD Foundation proposed the '**Votes of Thanks**' and highlighted the main pointers discussed during the session.

The webinar was hosted online via Zoom and is also available on IOD Foundation's YouTube page. ■

Compiled by:

Ms. Namrata Garg
Associate Manager-Projects
IOD Foundation

A VIEW OF WEBINAR PANEL



OUR PARTNERS

Organised by



Sustainability Partner



Media Partner



www.iodfoundation.com

A Report

FREE MEDICAL HEALTH CHECK-UP CAMP

October 09, 2022, Okhla, New Delhi

New Delhi: IOD Foundation supported by their **CSR Partner National Internet Exchange of India (NIXI)**, organized a Free Medical **Health Check-Up Camp** on **Sunday, October 09, 2022** at Okhla Community Development Center, Basti Vikas Kendra, Opp. C-161, Okhla Phase-1, New Delhi-110020.

It is challenging to get basic healthcare treatments where timely treatment is another issue due to a huge disparity between demand and supply in several parts of healthcare systems, such as doctor-patient ratio, healthcare infrastructure-population ratio, and so on. To address this issue, IOD Foundation and NIXI joined hands to take a step forward to close such gaps at their ends.

The purpose of setting up this camp was to give the underprivileged population in and around Okhla Phase-1 access to free basic medical services that they cannot afford and to assist them in receiving an early diagnosis or treatment for the illness they are facing.



Entrance at the Venue



Registration in Progress

One day before camp, the location was set up, and all essential preparations were made. Before the camp began, the space was sterilized, and all COVID guidelines were followed to ensure safe conduct. The area for the doctors was set up in several rooms according to departments. To assure protection, sanitizers, medical gloves, and masks were offered. The camp got started at **10:00 AM and continued until 3:00 PM** (beyond the originally scheduled closing time of 2:00 PM) to accommodate the last patient.

9 specialized doctors from the different departments of **ENT, General Medicine & Pain, Eye, General Physician, Homeopathy, and Dental** diagnosed the patients and prescribed the necessary medicines. Free medicines were distributed as per the prescription at the medicine counter. **Paramedical staff and volunteers from Lady Hardinge**



ENT Specialist Attending the Patient



Eye Specialist Attending the Patient



Dental Checkup in Progress



Homeopathy Specialist attending the patient



General Physician attending the patient

Medical College joined the doctors to assist in diagnosis and provide further patient guidance. **More than 250 people** (of all age groups) from the nearby communities of *Okhla Phase 1, Okhla Main Camp, Indira Camp, Sanjay Camp, Sanjay Colony, and Tekhand* came for diagnosis and received benefits from this camp despite the significant rainfall.

All patients had their blood pressure, blood sugar levels, and heart rates checked at the camp's entry. With the assistance of the paramedical team, the patients underwent a comprehensive assessment before being directed to the



Eye Checkup in progress



Dental Checkup in progress



Venue



Medical examination in progress



Medical examination in progress



Free Distribution of Medicines at the venue

appropriate department for the necessary checkup. The patients received **refreshments (water bottle, biscuits, and juice)** after the routine checkup.

Even though just a few last-minute plans had to be made to protect the venue from the rain, the venue was well-managed and the event was a success. Regardless of the heavy rain, the crowd size was unexpected, and there were long lineups.



Distribution of Refreshments

Patients continued to enter even after the gates were closed at 2:00 PM. We were glad to share this opportunity with the volunteers from Lady Hardinge Medical College, who seemed to learn a lot. Involving students was intended to foster a feeling of community and make them aware of the real scenario.

Mr. Reji Mathew, Secretary General of IOD Foundation thanked and commended all the doctors, paramedical professionals, and volunteers for making the medical camp a huge success. He also expressed gratitude towards the employees of IOD Foundation for their tireless work in pulling the event off despite the many challenges faced.

We aim to capture more underprivileged areas through such initiatives and provide basic healthcare facilities at best, encouraging more and more organizations to invest in public health in **a country of 1.3 billion people where India spends barely 1.5% of its GDP on healthcare**, which is amongst the lowest in the world.

Complied by:

Namrata Garg
Associate Manager- Projects
IOD Foundation



Free Medical Checkup for Kids



Volunteers from Lady Hardinge Collge, Delhi



Team of Doctors and other Medical Staff

Organized by



Supported & CSR initiative by



To know more visit:
www.iodfoundation.com

E: info@iodfoundation.com

WOMEN'S LEADERSHIP CONCLAVE 2023

Empowering Women Leaders towards
Resurgence and Business Opportunities
to meet Sustainable Development Goals

MARCH 10, 2023, Bengaluru

IOD Foundation & the Institute of Directors (IOD), in association with the Women's Indian Chamber of Commerce & Industry (WICCI) & The Club G100, organised the **Women's Leadership Conclave 2023, supported & CSR initiative by M/s Kanti Sweets Pvt. Ltd.** The theme of the conclave was **'Empowering Women Leaders towards Resurgence & Business Opportunities to Meet Sustainable Development Goals.'** The venue of the conference was the Hotel Lalit Ashok in Bengaluru. Leading voices from the business and academic communities attended the event. It addressed the role of women in business and society while promoting gender equity and empowerment of women and girls (SDG5). As part of the celebration of the **International Year of Millets 2023**, the event also centred on raising awareness on rediscovering millets as Indian superfood.

INAUGURAL SESSION

The Conclave was inaugurated with the traditional lighting of the lamp by select guests. The **'Welcome Address'** was delivered by **Brigadier Rajeev Kapoor (Retd.)**, Governing Council member of IOD Foundation & Regional Director, Institute of Directors, Bengaluru Region. He extended a warm welcome to all dignitaries, speakers, panellists, and valuable partners participating in the event. He explained the purpose of the conference, and mentioned that the Millets Export Promotion Programme against the backdrop of the proposal of India that was supported by 72 countries which lead to the United Nations General Assembly (UNGA) declaring 2023 as the International Year of Millets (IYoM) thereby creating value generation and promotion of sustainable products in food choices. He further highlighted that women's economic empowerment is a



Justice M. N. Venkatachaliah
former Chief Justice of India;
Chairperson, Institute of Directors



Ms. Maharaja Kumari Kamakshi Devi Wadiyar from the Mysore Royal family at the **'Lighting of the Lamp'** ceremony; also seen **Dr. Khadar Valli** (left)



Dr. Harbeen Arora Rai, Founder, The Club G100 & Women's Indian Chamber of Commerce and Industry (WICCI) delivering the **'Inaugural Address'**



Dr. Jayaprakash Narayan
Managing Trustee
World Ayurveda Foundation
delivering the '**Special Address**'



Dr. Khadar Valli
Independent Scientist &
Padma Shri Recipient, known as the
'Millet Man of India' delivering the
'**Keynote Address**'



Dr. Khadar Valli, Padma Shri Recipient, also known as the
'Millet Man of India' felicitated by **Mr. Arun Balakrishnan**
also seen **Dr. Jayaprakash Narayan** (centre)

prerequisite for development which will facilitate building bridges and connections to build their businesses, farms and enterprises successfully thereby improving their working conditions economically.

This was followed by the '**Chief Guest Address**' delivered by:

Justice M. N. Venkatachaliah

former Chief Justice of India &
Chairperson, Institute of Directors, India

Justice Venkatachaliah, in his virtual address, welcomed the guests and congratulated Padma Shri recipient, **Dr. Khadar Valli** for his support and contribution to the millet revolution. He said that 2023 had been proclaimed the International Year of Millets (IYM 2023) by the United Nations General Assembly. India is the world's biggest millet producer, and more needs to be done to promote millets in India. Also, there is a need for the food industry to improve the taste of its ready-to-eat millet products so that they can be used in child nutrition programmes.

This was followed by the '**Inaugural Address**' delivered by:

Ms. Harbeen Arora Rai

Founder, The Club G100 &
Women's Indian Chamber of Commerce and Industry (WICCI)

Ms. Rai spoke about women's empowerment. She emphasised the importance of collaboration for promoting gender equality and women empowerment. She also said that millets have been a staple food of the Indian diet for centuries and are now being rediscovered as a nutritious and sustainable food source. She discussed the significance of millets, which she said is an affordable and nutritious option. She said that using millets as an integral part of the Indian diet can help in eliminating hunger and also transform agri-food systems. She expressed her views on the importance of '**Bioayurveda**' as well.

This was followed by the '**Special Address**' delivered by:

- Ms. Maharaja Kumari Kamakshi Devi Wadiyar**
from the Mysore Royal family
- Dr. Jayaprakash Narayan**
Managing Trustee
World Ayurveda Foundation

Ms. Wadiyar spoke about the importance of mothers in promoting nutritious food and said that a mother is the first teacher to her children. With regards to millets, she said that India is the 'bed of millets' in the world. She outlined the historical and traditional connection of millets with the Indian diet.

Dr. Narayan spoke about the numerous ayurvedic benefits of millets. He highlighted that millet is a food having superior nutritional values and is rich in calcium, iron, and fibres that help in fortifying essential nutrients for good health & tackle malnutrition. He opined that producing millets can also be very lucrative and there is a strong potential to acquire millet-based products falling under the category of Ready to Eat (RTE)/ Ready to Serve (RTS).

This was followed by the '**Keynote Address**' delivered by:

Dr. Khadar Valli

Independent Scientist & Padma Shri Recipient
known as the 'Millet Man of India'

Dr. Valli spoke about his work on reviving traditional millet consumption, cooking and cultivation practices. He described a few varieties of millets and said there are around 6000 varieties worldwide. Millet grass is '**Svayambhu**', i.e. self-born. It can grow independently and is fully sustainable, with almost 300 types that humans can eat. He added that food has been corporatised

after the white and green revolution, and we have lost our diversified food habits. He also mentioned the benefits of consuming millets and how it helps to create excellent and balanced health. He added that it is necessary to transform the kitchen into millet-based foods. He suggested that value chain management of millets products such as sweets, cookies, flake, flour, noodles, etc. can be incorporated in the Mid-Day Meal/Anganwadi/Self Help Group (SHGs) at the districts and village levels. He added that millet may become 'smart food for smart people'. Dr. Valli was presented with a "Certificate of Appreciation" for his role in promoting the use of millets from the World Book of Records – London.

PANEL DISCUSSION – I

Women Leadership - Activating a Collective Vision: Inspiring & Engaging Women in Business

The theme of the Panel Discussion was introduced by **Mr. R. G. Rajan**, Zonal Director of the Institute of Directors, former Chairman and Managing Director of RCF Limited & former Chairman of SCOPE.

The 'Opening Address' was delivered by:

Mr. C. Vasudevappa

former Vice Chancellor

National Institute of Food Technology Entrepreneurship and Management (NIFTEM)

Mr. Vasudevappa spoke about India's agricultural revolution and how it increased life expectancy and fulfilled nutritional requirements. With regards to women, he said that women in business have greater management skills. He said that gender

diversity is a cross cutting theme and plays an instrumental role in fulfilling Sustainable Development Goals.

The Panel comprised **Mr. G. K. Suresh**, former Vice President of New Product Development, ITC Limited, **Mr. Baranidharan Pacha**, CCO, Chef's Imprint, **Ms. Jyothi V. K.**, General Counsel & Vice President, Aditya Birla Fashion & Retail Limited and, **Mr. Sundharesan Jayamoorthi**, Governance, Compliance and Sustainability Advisor, as the Moderator.

The distinguished panellists shared insightful opinions about legal and compliance risks in business, the importance of mental and physical health and knowing the right way to market products to expand the business. **Mr. Suresh** spoke about scaling up businesses and how women must participate, in all domains including the sales and marketing domains. **Mr. Pacha** said that women always work with inclusivity and are very intuitive, which puts them ahead of men. Women usually adopt innovative approaches. **Ms. Jyothi** focused on legal risks and said that it is not just compliance but the knowledge of laws relevant to your business. Intellectual property management is essential to keep track of your business. **Mr. Jayamoorthi** spoke about inspiring women in the business world and how women add value to any business with their high emotional intelligence and superior communication skills.

PANEL DISCUSSION – II

Opportunity & Challenges in Harnessing the Potentials of the Millet Industry

The theme of the Panel Discussion was introduced by **Mr. R. G. Rajan**, Zonal Director of the Institute of Directors, former Chairman of RCF Limited & former Chairman of SCOPE.



Mr. Chindi Vasudevappa
former Vice Chancellor, National Institute of Food Technology Entrepreneurship and Management (NIFTEM) delivering the 'Opening Address' of Panel Discussion – I



Distinguished Guests of Panel – I
(L to R) **Mr. Baranidharan Pacha**, **Ms. Jyothi V. K.**, **Mr. Sundharesan Jayamoorthi**, **Dr. Chindi Vasudevappa**, and **Mr. G. K. Suresh**



Prof. Raghunath S.
Chairman
Academy of International Business (AIB) –
South Asia Chapter delivering the
'Opening Address' of Panel Discussion – II



Ms. Shikha Sharma (extreme left), Director, Kanti Sweets Private Limited India
Country Chair – Food Innovation, The Club G100
along with **Kanti Group Senior Management Executives**



Distinguished Guests of Panel – II
(L to R) **Ms. Deepa Madhusudan Patil**, **Ms. Jayanthi Ramanan**, **Dr. Rajashree Krishnaswamy**, **Ms. Selvalakshmi K. M.** and **Ms. Ruchika Bhuwalka**

The '**Opening Address**' was delivered by:

Prof. Raghunath S.

Chairman

Academy of International Business (AIB) – South Asia Chapter

Prof. Raghunath while discussing millets and their market, spoke about supply and demand and said that we need to make more culinary delights and innovate with the taste. He added that millets would change the game of grains in the world.

The panel comprised **Ms. Jayanthi Ramanan**, Mentor, Sewa International Cleveland Chapter, **Ms. Selvalakshmi K. M.**, Founder, Farmz to Familiez, **Ms. Deepa Madhusudan Patil**, Farmer, Dhruvdhaanya Millet Farming, **Ms. Ruchika Bhuwalka**, Health and Nutrition Enthusiast, Founder of MilletAmma, and **Dr. Rajashree Krishnaswamy**, Founder & Chief Executive Officer, Catalyze Centre for Learning, as the Moderator.

All the esteemed speakers articulated wonderfully the challenges faced in their journeys while acknowledging the current success of their businesses. **Ms. Ramanan** shared her journey of using and growing millets. She said it is one of the

most accessible and sustainable growing grains. She added that the millet market is only 7%, and there is a need to promote millets as a nutritional food. **Ms. Selvalakshmi** said that women entrepreneurs are making business revolutions today. She added that the millet market has enormous potential. **Ms. Patil** spoke about her journey as a farmer, leaving her corporate job to look after her family's farmland & founding 'Dhruvdhaanya', an agro farm in 2019. **Ms. Bhuwalka** said that millets are a superfood with high fibre and alkaline properties. The challenge lies in creating awareness about millet's benefits and innovating healthy recipes. **Dr. Krishnaswamy** spoke about the opportunities and challenges faced while harnessing the potential of millets.

The panel discussion was curated by **Ms. Lakshmy Shankar**, Chief Executive Officer & Founder, Kaizen Consult.

The '**Closing Address**' was delivered by **Ms. Priya Vishwanathan**, General Manager, Ama Stays & Trails, The Indian Hotels Company Limited (IHCL). She thanked all distinguished guests and speakers for their valuable time.

IOD Foundation & Institute of Directors congratulated **M/s Kanti Sweets Pvt. Ltd** as part of their CSR initiative for supporting Women Empowerment while also reviving India's staple foods.

Women's Indian Chamber of Commerce & Industry (WICCI) and **The Club G100** were also thanked for their support towards

hosting the event on inspiring women leaders and celebrating the International Year of Millets 2023.

This report is compiled by:
IOD Foundation



Distinguished Guests of the Event



Ms. Priya Vishwanathan
General Manager, Ama Stays & Trails
The Indian Hotels Company Limited (IHCL)
delivering the 'Closing Address'

CSR PARTNER

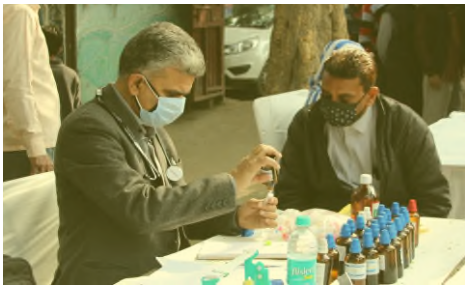


IN ASSOCIATION



Medical Aid

Accessibility issues make health conditions worse. But there are people who cannot afford the most basic services, despite their being made available. There are many households where the only provider becomes ill, putting their ability to afford basic essentials in jeopardy. Therefore, IOD Foundation started a campaign called **"#MedNeedsMet"**, where we identify the families in need of medical assistance and, based on our capacity, provide them with support by covering a percentage of their operational medical costs. IOD Foundation funded the operational costs of those who were ill and couldn't even afford the most minimal amount as part of our commitment to improving healthcare for the most vulnerable. We helped few such families in 2022–2023, and it brings us great pleasure to report that after each person recovered from their sickness, they were once again able to provide for their family.



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